

Twin Ambitions My Autobiography

Twin Ambitions - My Autobiography **Twin Ambitions** **Twin Ambitions - My Autobiography** **Twin Ambitions - My Autobiography** Ready Steady Mo! **ALEX FERGUSON My Autobiography** **Paula Commitment Jessica Ennis: Unbelievable - From My Childhood Dreams To Winning Olympic Gold** Unapologetically Ambitious Brunette **Ambition Double Bind: Women on Ambition** Seize the Day **Shane Warne** Only When I Laugh: My Autobiography Carra: My Autobiography Monster Mountain Chase! **The Autobiography of Time** Jesus: My Autobiography Iron Ambition Seaside Sprint! **Keeping It Real** **Material Ambitions** Why I Write My Art, My Life My Beloved's MBA Plans **Losing My Virginit** My Story **Twin Tracks** **Dinosaur Dash!** Gandhi Lessons Life Taught Me, Unknowingly Born Standing Up **Ambition, A History** **A Shot At History** My Life as an Explorer **My First Days in The White House [Illustrated Edition]** **Say It Loud!** The Hunger **Journey of a Thousand Miles**

As recognized, adventure as capably as experience approximately lesson, amusement, as capably as harmony can be gotten by just checking out a book **Twin Ambitions My Autobiography** as a consequence it is not directly done, you could acknowledge even more going on for this life, just about the world.

We give you this proper as well as easy pretension to get those all. We meet the expense of **Twin Ambitions My Autobiography** and numerous book collections from fictions to scientific research in any way. among them is this **Twin Ambitions My Autobiography** that can be your partner.

Twin Ambitions - My Autobiography Jul 31 2022 Hodder & Stoughton admire Sir Mo's bravery in revealing his experience of being trafficked as a child. His memoir **TWIN AMBITIONS**, published in 2013, is based on the story he felt able to tell at the time, which we understood to be the true version of events. It is now clear that Sir Mo did not wish to share some of his difficult early experiences and we respect the decisions he made both then and now. 4 August, 2012. Super Saturday. On the most electric night in the history of British sport, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m - and in the process went from being a talented athlete to a national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner has gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, and with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat and rest. Mo was determined to leave no stone uncovered in his bid for distance-running glory. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. **TWIN AMBITIONS** is much more than an

autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realise his dream.

Say It Loud! Aug 27 2019 A NEW YORK TIMES NOTABLE BOOK OF THE YEAR • A collection of provocative essays exploring the key social justice issues of our time—from George Floyd to antiracism to inequality and the Supreme Court. Kennedy is "among the most incisive American commentators on race" (The New York Times). Informed by sharpness of observation and often courting controversy, deep fellow feeling, decency, and wit, *Say It Loud!* includes: The George Floyd Moment: Promise and Peril • Isabel Wilkerson, the Election of 2020, and Racial Caste • The Princeton Ultimatum: Antiracism Gone Awry • The Constitutional Roots of "Birtherism" • Inequality and the Supreme Court • "Nigger": The Strange Career Continues • Frederick Douglass: Everyone's Hero • Remembering Thurgood Marshall • Why Clarence Thomas Ought to Be Ostracized • The Politics of Black Respectability • Policing Racial Solidarity In each essay, Kennedy is mindful of complexity, ambivalence, and paradox, and he is always stirring and enlightening. *Say It Loud!* is a wide-ranging summa of Randall Kennedy's thought on the realities and imaginaries of race in America.

Gandhi Apr 03 2020 The pre-eminent political and spiritual leader of India's independence movement, pioneer of non-violent resistance through mass civil disobedience, and the man honoured in India as 'father of the nation', Mohandas K. Gandhi has inspired civil rights and liberation movements the world over. Yet he was also a man of many contradictions: a lifelong pacifist whose treatment of his wife and sons bordered on cruelty; a self-denying ascetic who preached the virtues of chastity in marriage yet experienced a high degree of intimate physical female contact; a political radical whose resistance to racism and appreciation of the value of all religions strike a thoroughly modern note, but whose vision of India was of an almost medieval village nation. In *Gandhi: Naked Ambition*, Jad Adams delineates Gandhi's searing ambition, including his relentless recreation of his own image, from London dandy to naked wise man; his ruthless sacrifice of his family for his principles; and his role in the tragedy of partition. Using material only recently made available, including the most explicit account yet of Gandhi's sexual experiments with the wives of his followers and his teenage grand-nieces, Jad Adams' accessible and challenging biography reveals the man behind the Mahatma.

Ambition, A History Jan 01 2020 Is "ambitious" a compliment? It depends: "[A] masterpiece of intellectual and cultural history."—David Brion Davis, author of *Inhuman Bondage: The Rise and Fall of Slavery in the New World* From rags to riches, log house to White House, enslaved to liberator, ghetto to CEO, ambition fuels the American Dream. Yet at the time of the nation's founding, ambition was viewed as a dangerous vice, everything from "a canker on the soul" to the impetus for original sin. This engaging book explores ambition's surprising transformation, tracing attitudes from classical antiquity to early modern Europe to the New World and America's founding. From this broad historical perspective, William Casey King deepens our understanding of the American mythos and offers a striking reinterpretation of the introduction to the Declaration of Independence. Through an innovative array of sources and authors—Aquinas, Dante, Machiavelli, the Geneva Bible, Marlowe, Shakespeare, Thomas Jefferson, and many others—King demonstrates that a transformed view of ambition became possible the moment Europe realized that Columbus had discovered not a new route but a new world. In addition the author argues that reconstituting ambition as a virtue was a necessary precondition of the American republic. The book suggests that even in the twenty-first century, ambition has never fully lost its ties to vice and continues to exhibit a dual nature—positive or negative depending upon the ends, the means, and the individual involved.

Journey of a Thousand Miles Jun 25 2019 *Journey of a Thousand Miles* tells the remarkable story of a boy who sacrificed almost everything – family, financial security, childhood and his reputation in China's insular classical music world – to fulfil his promise as a classical pianist. Lang Lang was born in Shenyang in north-eastern China just after the end of the Cultural Revolution. He began piano lessons at three years old and by age ten

had been awarded a place at the Central Conservatory of Music in Beijing. In order to continue his studies he moved thousands of miles from home, living with his exacting father in a cramped, shared apartment, while his mother stayed at home to earn the money to pay his fees. At fifteen he moved to the United States to take up a scholarship at the Curtis Institute in Philadelphia; by nineteen he was selling out Carnegie Hall. His tutor and mentor Daniel Barenboim was perhaps the first to describe him as 'extraordinarily talented'; today his assessment is shared by millions. Now in adulthood, Lang Lang tours relentlessly, delighting sell-out audiences with his trademark flamboyance and showmanship. *Journey of a Thousand Miles* is a tale of heartbreak, drama and ultimately triumph. His inspiring story demonstrates the courage and self-sacrifice required to achieve artistic greatness.

My Art, My Life Oct 10 2020 A richly revealing document offering many telling insights into the mind and heart of a giant of 20th-century art. "Engrossing as a novel." — Chicago Sunday Tribune. 21 halftones.

Jessica Ennis: Unbelievable - From My Childhood Dreams To Winning Olympic Gold Feb 23 2022 On 4 August 2012 Jessica Ennis kicked off what some described as the greatest night in British sporting history. For her it was the end of a long, winding, and sometimes harrowing road. Nobody was under more pressure at the London Olympics than 'the face of the Games'. Yet Jessica delivered the heptathlon gold medal, and the huge outpouring of relief she showed afterwards hinted at the roller-coaster journey she had been on. Behind the smiles and politeness, Jessica has endured much. Bullied at school for being small, she proved to critics and rivals alike that size really didn't matter. Hers is an inspiring tale of following your dreams no matter what life throws at you. In 2008 Jessica thought her career might be over when she was injured on the eve of the Olympic Games in Beijing. But she overcame this setback to rebuild her career and technique, becoming the world and European champion in successive years. Her biggest test was yet to come, though, when her rivals overhauled her in the build-up to London. *Unbelievable* is a refreshingly candid account of her rise to fame in a highly charged world in which body image issues and drug abuses lurk. From the unique pressures facing her, to behind-the-scenes glimpses into the greatest show on earth, and a revealing account of her love-hate relationship with her long-term coach, Jessica reveals the truth behind the smiles for the first time. *Unbelievable* includes exclusive behind-the-scenes photos. This is the story of how the girl next door became London's poster girl, and how an ordinary woman used an extraordinary talent to claim the title of the world's greatest all-round female sports star.

Commitment Mar 27 2022 The story of one of the most recognisable and successful players in world football. Didier Drogba is renowned for his heading ability, sharp shooting and sheer strength. He has played for his native Ivory Coast and for clubs in France, China and Turkey, but it is as a Chelsea striker that he is best known. His feats with Chelsea have made him a cult hero among supporters. In Didier Drogba's honest and revealing autobiography he will talk about life as an immigrant in Paris, the importance of his education and how finding success later than most professional footballers has kept him grounded. In 2012 Didier was voted Chelsea's greatest ever player. He talks from a privileged behind-the-scenes position about tactics and how he felt mentally and physically as well as anecdotes from the dressing room. Didier provides unique insight into important and controversial matches from the first trophy he won with them in 2005 to the Premier League title a decade later; as well as what persuaded him to stay when he was at his lowest ebb. Away from football Drogba has been widely applauded for his involvement in trying to broker peace in the Ivorian civil war - he is a UN Goodwill Ambassador and does a huge amount of work with the Didier Drogba Foundation - Time magazine named him one of the world's 100 most influential people. Go behind the scenes at Stamford Bridge and find out about life on and off the field for this humble Chelsea hero.

[Unapologetically Ambitious](#) Jan 25 2022 *Named a Best Business Book of 2020 by Fortune and Bloomberg* Full of empowering wisdom from one of

Silicon Valley's first female African American CEOs, this inspiring leadership book offers a blueprint for how to achieve your personal and professional goals. Shellye Archambeau recounts how she overcame the challenges she faced as a young black woman, wife, and mother, managing her personal and professional responsibilities while climbing the ranks at IBM and subsequently in her roles as CEO. Through the busts and booms of Silicon Valley in the early 2000s, this bold and inspiring book details the risks she took and the strategies she engaged to steer her family, her career, and her company MetricStream toward success. Through her journey, Shellye discovered that ambition alone is not enough to achieve success. Here, she shares the practical strategies, tools, and approaches readers can employ right now, including concrete steps to most effectively: Dismantle impostor syndrome Capitalize on the power of planning Take risks Developing financial literacy Build your network Establish your reputation Take charge of your career Integrate work, marriage, parenthood, and self-care Each chapter lays out key takeaways and actions to increase the odds of achieving your personal and professional goals. With relatable personal stories that ground her advice in the real world and a foreword by leading venture capitalist and New York Times bestselling author Ben Horowitz, *Unapologetically Ambitious* invites readers to move beyond the solely supportive roles others expect them to fill, to learn how to carefully tread the thin line between assertive and aggressive, and to give themselves permission to strive for the top. Make no apologies for the height of your ambitions. Shellye Archambeau will show you how.

ALEX FERGUSON *My Autobiography* May 29 2022 Sir Alex Ferguson's compelling story is always honest and revealing he reflects on his managerial career that embraced unprecedented European success for Aberdeen and 26 triumphant seasons with Manchester United. Sir Alex Ferguson's best-selling autobiography has now been updated to offer reflections on events at Manchester United since his retirement as well as his teachings at the Harvard Business School, a night at the Oscars and a boat tour round the Hebrides, where he passed unrecognised. The extra material adds fresh insights and detail on his final years as United's manager. Both the psychology of management and the detail of football strategy at the top level can be complex matters but no-one has explained them in a more interesting and accessible way for the general reader than Sir Alex does here. *MY AUTOBIOGRAPHY* is revealing, endlessly entertaining and above all inspirational.

Paula Apr 27 2022 "Updated to include her New York, London, and Helsinki victories"--P. [4] of cover.

Keeping It Real Jan 13 2021 The newest rising star of the celebrity world, Jodie Marsh found fame as part of the TV series *Essex Wives* and has established herself as a tabloid favorite. From her unhappy school days and her teenage nose job to her current success, this is her uncensored story. It includes her very public feud with archrival Jordan and her legendary partying antics in her outrageous outfits. She recounts her days as a stripper and Page 3 model and dishes the sexy truth on her passionate affairs with a string of famous boyfriends. But Jodie has had her share of tragedy, and in her frank story she talks for the first time about the devastating effect that the murder of one of her closest friends had on her. Forthright, sassy, determined, and sexy, this is the story of one of Britain's brightest stars.

Material Ambitions Dec 12 2020 Intertwining the methodologies of disability studies and ecocriticism, *Material Ambitions* persuasively unmasks the longstanding myth that ambitious individualism can overcome disadvantageous systematic and structural conditions.

Carra: My Autobiography Jul 19 2021 For the Anfield faithful, Jamie Carragher represents everything that is great about Liverpool Football Club, prompting the Kop to sing 'we all dream of a team of Carraghers'. The club's vice-captain, longest-serving player and one of a select band of players to have made more than 500 appearances for the Reds, Carra never gives less than 100 per cent for the cause. He is the embodiment of old-fashioned football values - a rarity in the modern game - honest and uncompromising. In *Carra: My Autobiography*, the Liverpool defender takes us deep into the heart of Anfield, into the club's past glories and its uncertain future. In his typically down-to-earth style, Carra reveals what made him discard his blue Evertonian roots to become a fully fledged Red, how he mended his wild ways to become a true professional and a multiple trophy-winner, and

the truth about a succession of managers - Evans, Houllier, Benítez - in the hottest seat in football. A Scouser through and through, Carra also has some forthright views on the England team, and tells why he rejected calls to return to the international fold. Full of sensational stories and controversial opinions, of glory and heartbreak on and off the pitch, Carra: My Autobiography is a football book unlike any other. The authentic voice of Anfield, Carra is one of the Bootroom Boys in true Liverpool tradition, and is as committed on the page as in every game he has played.

Brunette Ambition Dec 24 2021 The star of the hit show Glee shares her experiences and insider tips on beauty, fashion, inner strength, and more in an illustrated in an illustrated book that's part memoir, part how-to, and part style guide. Lea Michele is one of the hardest working performers in show business. Whether she's starring as Rachel Berry on Glee, rocking a glamorous look on the red carpet, recording her solo album, or acting as the spokesperson for L'Oreal, Lea is the ultimate multi-tasker. She knows better than anyone that it is difficult to be your best self and keep things in perspective when your to-do list is overflowing and you are faced with challenges, so she's developed a foolproof system for remaining healthy and centered. In *Brunette Ambition*, she reveals the lessons and advice that have worked for her--from beauty and fashion secrets to fitness tips, and career insights. Supplemented with never-before-seen photos and revealing anecdotes, it's the book Lea wishes she'd had in her teens and early twenties: A practical and inspirational guide to harnessing tenacity and passion and living the fullest life, no matter what obstacles life puts in your way.

Iron Ambition Mar 15 2021 "In Tyson's ... memoir *Undisputed Truth*, he recounted the role D'Amato played in his formative years, adopting him at age sixteen after his mother died and shaping him both physically and mentally after Tyson had spent years living in fear and poverty. In *Iron Ambition*, Tyson elaborates on the life lessons that D'Amato passed down to him, and reflects on how the trainer's words of wisdom continue to resonate with him outside the ring"--Amazon.com.

My Beloved's MBA Plans Sep 08 2020 *My Beloved's MBA Plans* is a collection of engaging stories with a common thread running through all of them - How much are you willing to give to fulfil your MBA dream? Would you be willing to give up a cushy job and start from scratch? you be willing to stay apart from your spouse? you be willing to uproot your family from a well-settled life? Read on to discover how Vivek's MBA course turns out to be quite an adventurous journey with his wife Divya and their two kids. For Arpita, it is a second chance at love. Payal and Nitin make the campus their home while Geet faces a tragic loss. Join Suraj and Priya as they break away from the family business to carve out a path for themselves and discover how Rahul and Dimple spend an unusual honeymoon. These are just a few stories from this colorful collection set against the backdrop of life on campus and aspirations for an MBA degree. The book is a ride through different shades of life and experiences. Whether you are single or married, this book is an absolute must read for anyone who wishes to take an unconventional decision in life.

Why I Write Nov 10 2020 George Orwell set out 'to make political writing into an art', and to a wide extent this aim shaped the future of English literature - his descriptions of authoritarian regimes helped to form a new vocabulary that is fundamental to understanding totalitarianism. While *1984* and *Animal Farm* are amongst the most popular classic novels in the English language, this new series of Orwell's essays seeks to bring a wider selection of his writing on politics and literature to a new readership. In *Why I Write*, the first in the Orwell's Essays series, Orwell describes his journey to becoming a writer, and his movement from writing poems to short stories to the essays, fiction and non-fiction we remember him for. He also discusses what he sees as the 'four great motives for writing' - 'sheer egoism', 'aesthetic enthusiasm', 'historical impulse' and 'political purpose' - and considers the importance of keeping these in balance. *Why I Write* is a unique opportunity to look into Orwell's mind, and it grants the reader an entirely different vantage point from which to consider the rest of the great writer's oeuvre. 'A writer who can - and must - be rediscovered with every age.' — Irish Times

Seaside Sprint! Feb 11 2021 From Olympic gold medal winner Mo Farah and bestselling author of *Oi Frog!*, Kes Gray, comes a fun fiction series which will get kids reading, and running too! Mo and his friends pack a lunch and head to the seaside for their next running adventure. It's a good job they have good trainers to run along the beach. But what's that? Could it really be a sea monster? RUN! Follow Mo on his madcap adventures as his running skills go from strength to strength. The perfect book to share and read aloud. The nation watched with bated breath as Mo Farah seized Olympic gold in the 10,000m and 5000m - he's been a national treasure ever since. In this adventurous series father of three, Mo Farah, combines two lifelong passions - literacy and exercise. Children's books by Mo Farah: *Ready Steady Mo*, *Go Mo Go: Monster Mountain Chase!*, *Go Mo Go: Dinosaur Dash!*, *Go Mo Go: Seaside Sprint!*

My First Days in The White House [Illustrated Edition] Sep 28 2019 In this flamboyant fiction novel, Louisiana Governor Huey “Kingfish” Long, one of Franklin Roosevelt’s political rivals, details a political fantasy in which he is president of the United States. Through imaginary conversations with men of power, he presents his aspirations, including the “Share Our Wealth” plan, created in 1934 under the motto “Every Man a King” and how he would enact the program if elected in 1936. The plan proposed new wealth redistribution measures in the form of a net asset tax on corporations and individuals to curb the poverty and homelessness endemic nationwide during the Great Depression. Long visualizes his inauguration as President of the United States and details his nomination picks for his executive cabinet, including William Edgar Borah as Secretary of State, James J. Couzens as Secretary of the Treasury, and Smedley Butler as Secretary of War. This book was published posthumously in 1935, following Long’s assassination on Sunday, September 8, 1935. It is illustrated throughout with political cartoons.

Dinosaur Dash! May 05 2020 From Olympic gold medal winner Mo Farah and bestselling author of *Oi Frog!*, Kes Gray, comes a fun fiction series which will get kids reading, and running too! Mo and his friends are jogging in the local park when Mo suggests they run backwards for fun. But what they hadn't bargained for was running back in TIME. There are DINOSAURS everywhere ... and they are hungry. Luckily Mo and his friends are wearing good trainers. It's a good job they love to run! Follow Mo on his madcap adventures as his running skills go from strength to strength. The perfect book to share and read aloud. The nation watched with bated breath as Mo Farah seized Olympic gold in the 10,000m and 5000m - he's been a national treasure ever since. In this adventurous series father of three, Mo Farah, combines two lifelong passions - literacy and exercise. Children's books by Mo Farah: *Ready Steady Mo*, *Go Mo Go: Monster Mountain Chase!*, *Go Mo Go: Dinosaur Dash!*, *Go Mo Go: Seaside Sprint!*

Twin Ambitions - My Autobiography Nov 03 2022 A powerful and gripping human story of the 2012 London Olympics hero On August 4, 2012, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m—and in the process went from being a talented athlete to a UK national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner had gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors, and 10k on the road have all fallen to Mohamed "Mo" Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat, and rest. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. *Twin Ambitions* is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome

seemingly insurmountable obstacles and realize his dream.

Losing My Virginity Aug 08 2020 'Branson has a list of achievements unmatched by any other UK businessman. For anyone burning with entrepreneurial zeal, his reminiscences are akin to a sacred text' Mail on Sunday THE NO.1 INTERNATIONAL BESTSELLER The worldwide bestselling autobiography of iconic entrepreneur Sir Richard Branson, with over two million copies sold to date. Much more than a memoir, this is Sir Richard Branson's own take on his extraordinary life so far - and a definitive business guide that reveals his unique philosophy of commerce, success and life. In *Losing My Virginity*, you'll discover how Virgin grew from a mail-order music business into a path-breaking global brand. From the \$25 million Virgin Earth initiative to the launch of Virgin Galactic, this is a powerful and unique look into the life of an iconic global entrepreneur.

Twin Ambitions Oct 02 2022 4 August, 2012. Super Saturday. On the most electric night in the history of British sport, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m - and in the process went from being a talented athlete to a national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner has gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, and with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat and rest. Mo was determined to leave no stone uncovered in his bid for distance-running glory. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. *TWIN AMBITIONS* is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realise his dream.

The Autobiography of Time May 17 2021 When 9/11 occurred in front of Author's eyes in New York City, like millions of others he was tormented. Looking at the burning towers with unbearable pain and agony - a simple question struck him - why on earth are we in this crossroad of civilization? Although at that point it had started as an aimless query, later after 16 years of diligent research, he crystalized his thoughts, gaining a much broader perspective and inner-wisdom. In turn, it gave birth to his Magnus Opus - this book *The Autobiography of Time*. 11/5/20 It's a non-fiction novel based on world history. Time is the storyteller in this book, who narrates the saga of mankind to his son Beta; the events that Time has eye-witnessed - from Big Bang up to the end of Iraq War in 2011. Poring through the chapters, it precipitates both regressive and progressive pasts with latent emotions, and hopes to bring to surface the cause and effect of human actions - so that future generations can celebrate the state of true civilization. As the curtain is raised not on any particular event, country or region; the stage is set on all that occurred concurrently in different parts of the planet; the events those are of import to civilization as we know - thus lending a flavor of every period to the readers, as it moves from one epoch to another. It's an epic with a purpose. This book covers mankind's achievements, moments of glory and sheer good fortune, his innovations and exploration. It revives from oblivion very real anecdotes about key historical personalities. It is based on true stories that had transpired in the past and have shaped this planet - as we see it today. It's truly *The Saga of Human Civilization*; Ambition, Greed and Power from the dawn of man.

Twin Ambitions - My Autobiography Sep 01 2022 Hodder & Stoughton admire Sir Mo's bravery in revealing his experience of being trafficked as a child. His memoir *TWIN AMBITIONS*, published in 2013, is based on the story he felt able to tell at the time, which we understood to be the true

version of events. It is now clear that Sir Mo did not wish to share some of his difficult early experiences and we respect the decisions he made both then and now. 4 August, 2012. Super Saturday. On the most electric night in the history of British sport, Mo Farah braved the pain and punishment to seize Olympic gold in the 10,000m - and in the process went from being a talented athlete to a national treasure. Seven days later, Mo seized his second gold at the 5000m to go where no British distance runner has gone before. Records have tumbled before him: European track records at 1500m, 5000m indoors, and 10,000m; British track records at 5000m, 3000m indoors and 10k on the road have all fallen to Mohamed 'Mo' Farah: the boy from Somalia who came to Britain at the age of eight, leaving behind his twin brother, and with just a few words of English, and a natural talent for running. His secondary school PE teacher Alan Watkinson spotted his potential and began easing this human gazelle towards the racetrack. In 2001 Mo showed his promise by winning the 5000m at the European Junior Championships. Soon he was smashing a string of British and European records. He began living with a group of elite Kenyan runners, following their strict regime of run, sleep, eat and rest. Mo was determined to leave no stone uncovered in his bid for distance-running glory. After a disappointing Olympics in Beijing Mo took the bold decision to relocate to Portland, Oregon to work under legendary coach Alberto Salazar. The results were emphatic as Mo took silver at the 10,000m and then raced to gold in the 5000m at the 2011 World Championships in Daegu. Even better would soon follow at London 2012. *TWIN AMBITIONS* is much more than an autobiography by a great Olympic champion. It's a moving human story of a man who grew up in difficult circumstances, separated from his family at an early age, who struggled to overcome seemingly insurmountable obstacles and realise his dream.

Only When I Laugh: My Autobiography Aug 20 2021 Known for his intelligent and often surreal humour, Paul Merton's weekly appearances on BBC1's *Have I Got News For You* - as well as Radio 4's *Just A Minute* and his travel documentaries - have seen him become an artfully rebellious fixture in our lives for over 25 years. He also has a real story to tell. In *ONLY WHEN I LAUGH*, his rich and beautifully-observed autobiography, Paul takes us on an evocative journey from his working-class Fulham childhood to the present day. Whether writing about school days, his run-ins with the nuns and other pupils; his disastrous first confession; his meatpacking job; taking acid; leaving home to live in bedsit; his early brushes with the opposite sex - and not forgetting his repeated attempts to break into the world of comedy - Paul's writing is always funny, poignant and revealing. And when his star finally ascends in the atmospherically drawn 1980s alternative cabaret scene there is a sense of excitement, energy, camaraderie, momentum and dramatic impending success... ..And then CRASH! In an unflinching and brilliantly written section that defines the book, we experience the disorienting and terrifying sustained manic episode that he suffered which landed him in a psychiatric hospital. These, and other tougher moments, are written about candidly and with sensitivity and honesty. Yet throughout *ONLY WHEN I LAUGH*, Paul Merton succeeds in telling his life story entertainingly, with warmth, humour and a big bucket load of wit. Ultimately uplifting, it is the story of a fascinating life, brilliantly told - and one of the best memoirs of the year.

My Life as an Explorer Oct 29 2019 The 1927 autobiography, in English translation, of the first man to traverse the North-West Passage and to reach the South Pole.

Double Bind: Women on Ambition Nov 22 2021 "Bold, absorbing, insightful, and wise. . . . Read it: the truth is inside."— Cheryl Strayed, author of *Wild* and *Tiny Beautiful Things* "A work of courage and ferocious honesty" (Diana Abu-Jaber), *Double Bind* could not come at a more urgent time. Even as major figures from Gloria Steinem to Beyoncé embrace the word "feminism," the word "ambition" remains loaded with ambivalence. Many women see it as synonymous with strident or aggressive, yet most feel compelled to strive and achieve—the seeming contradiction leaving them in a perpetual double bind. Ayana Mathis, Molly Ringwald, Roxane Gay, and a constellation of "nimble thinkers . . . dismantle this maddening paradox" (*O, The Oprah Magazine*) with candor, wit, and rage. Women who have made landmark achievements in fields as diverse as law, dog sledding, and

butchery weigh in, breaking the last feminist taboo once and for all. “Both intimate and scalable” (Atlantic.com), Double Bind finally seizes “ambition” from the roster of dirty words.

The Hunger Jul 27 2019 “Hot grease, sharp knives, infidelity, and white truffles....The Hunger has all the right ingredients....The best memoir by a chef since Kitchen Confidential.” —Jay McInerney The Hunger is the page-turning memoir from John DeLucie, chef of THE celebrity hot spot restaurant in New York City, The Waverly Inn. With an introduction by Graydon Carter, legendary Editor of Vanity Fair, The Hunger is an unabashed celebration of hard work and the good life that Anthony Bourdain fans will simply eat up—a feast for foodies that author Salman Rushdie calls, “A delightful book....I recommend it to anyone interested in good food—and good stories.”

Lessons Life Taught Me, Unknowingly Mar 03 2020 An extraordinary, riveting and no-holds-barred saga studded with fascinating behind-the-scenes revelations, anecdotes and rare nuggets of lessons Anupam Kher’s life story is nothing short of a grand masala box office hit. It has drama, comedy, romance and even action! Who knew that a small-town Shimla boy would one day become one of the most recognised actors in the world and go on to win various national and international awards for his contribution in the field of cinema and arts? A powerhouse of talent with over 530 films (and counting) in his repertoire, Anupam Kher stands out not only because of his iconic bald head, but also for his forthright views and opinions, however controversial they may be. He has always been distinct and offbeat. His autobiography is, too . . . for it is not just another chronological account of his life. It is, in fact, also peppered with incredible life lessons that are bound to resonate with every aspiring artiste and, most of all, the common man. Here is a kaleidoscopic peep into the life and times of a true genius and forever entertainer.

Twin Tracks Jun 05 2020 It was a blustery late spring day in 1954 and a young Oxford medical student flung himself over the line in a mile race. There was an agonising pause, and then the timekeeper announced the record: three minutes, fifty-nine point four seconds. But no one heard anything after that first word - 'three'. One of the most iconic barriers of sport had been broken, and Roger Bannister had become the first man to run a mile in under four minutes. To this day, more men have conquered Mount Everest than have achieved what the slender, unassuming student managed that afternoon. Sixty years on and the letters still arrive on Roger Bannister's doormat, letters testifying to the enduring appeal of the four-minute mile and the example it set for the generation of budding athletes who were inspired to attempt the impossible. In this frank memoir, Sir Roger tells the full story of the talent and dedication that made him not just one of the most celebrated athletes of the last century but also a distinguished doctor, neurologist and one of the nation's best-loved public figures. With characteristically trenchant views on drugs in sport, the nature of modern athletics and record breaking, the extraordinary explosion in running as a leisure activity, and the Olympic legacy, this rare and brilliant autobiography gives a fascinating insight into the life of a man who has lived life to the fullest.

Born Standing Up Jan 31 2020 Steve Martin has been an international star for over thirty years. Here, for the first time, he looks back to the beginning of his career and charmingly evokes the young man he once was. Born in Texas but raised in California, Steve was seduced early by the comedy shows that played on the radio when the family travelled back and forth to visit relatives. When Disneyland opened just a couple of miles away from home, an enchanted Steve was given his first chance to learn magic and entertain an audience. He describes how he noted the reaction to each joke in a ledger - 'big laugh' or 'quiet' - and assiduously studied the acts of colleagues, stealing jokes when needed. With superb detail, Steve recreates the world of small, dark clubs and the fear and exhilaration of standing in the spotlight. While a philosophy student at UCLA, he worked hard at local clubs honing his comedy and slowly attracting a following until he was picked up to write for TV. From here on, Steve Martin became an acclaimed comedian, packing out venues nationwide. One night, however, he noticed empty seats and realised he had 'reached the top of the rollercoaster'. BORN STANDING UP is a funny and riveting chronicle of how Steve Martin became the comedy genius we now know and is also a

fascinating portrait of an era.

My Story Jul 07 2020 There is much in Julia Gillards life and parliamentary legacy to be admired and debated. In any reckoning of her achievements, both before and after becoming Prime Minister, this book, written by her and told in her own words, will be essential. I most certainly expect it to be one of the most anticipated books of 2014.

Ready Steady Mo! Jun 29 2022 From Olympic gold medal winner Mo Farah and bestselling author of Oi Frog!, Kes Gray, comes a fun and action-packed picture book that will get kids reading, and running too! So, what are you waiting for? Warm up, do the MOBOT, and then ... Run on the pavement Run on the grass Run in the playground Perhaps not in class! Follow Mo on his madcap adventures as his running skills go from strength to strength. The perfect book to share and read aloud. With vibrant illustrations and a rhyming text. The nation watched with bated breath as Mo Farah seized Olympic gold in the 10,000m and 5000m - he's been a national treasure ever since. In this adventurous picture book father of three, Mo Farah, combines two lifelong passions - literacy and exercise. Children's books by Mo Farah: Ready Steady Mo!, Go Mo Go: Monster Mountain Chase!, Go Mo Go: Dinosaur Dash!, Go Mo Go: Seaside Sprint!

Seize the Day Oct 22 2021 Tanni Grey-Thompson has performed at world-class level for the past thirteen years, in distances ranging from 100m to the marathon. Her 13 Paralympic medals, eight medal placings in the London Marathon and her comprehensive set of British and World Records make her achievements second to none in the disability sport arena. Here she talks candidly about her early life and ambitions, before offering a colourful account of her success in the four Paralympic Games in which she has been involved. Tanni talks incisively about disability sporting issues and reveals how she set about becoming a world-class athlete.

A Shot At History Nov 30 2019 Abhinav Bindra once shot 100 out of 100 in practice six times in a row and walked out of the range unhappy. He is a perfectionist who once soled his shoes with rubber from Ferrari tyres because he thought it would help. He would wake up at 3 am to practise at his range at home if an idea suddenly struck him. It is from such obsession that greatness arrives. Abhinav Bindra's journey to become the first Indian to win an individual Olympic gold, and the first Indian to win a World Championship gold, is a story of single-minded passion. The Olympics has been an all-consuming journey for him ever since he was shattering beer bottles and glass ampoules in his garden in Chandigarh. No obstacle was too hard to overcome, no amount of practice too much, no experiment too futile and no defeat so severe that it made a comeback impossible. Shattered by his failure at the 2004 Athens Olympics when a gold medal seemed imminent, he changed as a shooter: from a boy who loved shooting, he became an athlete bent on redemption, a scientist who would try anything - from mapping his own brain to drinking yak milk to climbing rock walls - to win at the Beijing Olympics in 2008. His victory was not just a personal triumph, it was a gift to his nation, a breaking down of a sporting barrier that had stood for a century. Bindra's feat has taught his peers, and those yet to come, that an Olympic gold isn't an impossible dream. In ranges, on fields, in arenas, Indian athletes now own a new belief, they wear the knowledge that no challenge is beyond them. Helping to tell this remarkable story is sportswriter Rohit Brijnath, who collaborated with Bindra in producing this compelling autobiography of one of India's greatest sportsmen.

Shane Warne Sep 20 2021 Shane Warne is arguably the greatest spinner of all time - he has taken 356 wickets in 82 tests since his debut in the Sydney Test in the 1991-92 series. Here he talks about his early ambitions, and offers a colourful narrative account of the various Ashes series in which he has been involved. He also offers his personal views on sportsmanship and the relationship between Australia and Sri Lanka, as well as providing his thoughts on captaincy and the leg-spinners he respects. He talks candidly about his fascination with gambling, and about the conflict between his public persona and private life.

Monster Mountain Chase! Jun 17 2021 From Olympic gold medal winner Mo Farah and bestselling author of Oi Frog!, Kes Gray, comes a fun fiction

series which will get kids reading, and running too! After returning home from a long cross-country run, it's time for Mo and his friends to decide where to go on their next running adventure. Sandwiches at the ready, the friends head somewhere beautiful, with glistening snow and sparkling lakes ... The Rocky Mountains! But crossing states is tiring work, and with lots of new creatures (and monsters!) to meet along the way, will Mo and friends ever get time for a sandwich break? Here comes Bigfoot ... RUN! Follow Mo on his madcap adventures as his running skills go from strength to strength. The perfect book to share and read aloud. The nation watched with bated breath as Mo Farah seized Olympic gold in the 10,000m and 5000m - he's been a national treasure ever since. In this adventurous series father of three, Mo Farah, combines two lifelong passions - literacy and exercise. Children's books by Mo Farah: Ready Steady Mo, Go Mo Go: Monster Mountain Chase!, Go Mo Go: Dinosaur Dash!, Go Mo Go: Seaside Sprint!

Jesus: My Autobiography Apr 15 2021 "I have come at this time, in this place, and through this being to speak my truth, to speak the story of my life — the true story of my life." The purpose of this book is to clarify, to tell the truth, and to share my energies with you so that you can begin the transformation of your mind and, therefore, the transformation of your heart and your world. It is in the misteachings that have been associated with my name that much death and pain has been caused and that much guilt and self-recrimination has been expressed. That was not my purpose; that was not my lesson. This story will begin the change. It will not make the change. It will facilitate turning the key in the lock, but you must open the door and walk through it into a new realm that is opened by this information. That is your responsibility. We can only bring you the message, this channel and I. We can only work together to transmit the information, but it is through your actions and your transformation that you will see a change in your world, a change in the subjective world that is manufactured from your beliefs, your thoughts, and your feelings. I talk about the truth of my birth and the truth of my life. I cover some stories that are recounted in the Bible and tell you the true story of those events. I describe some of my personal traits, my human traits, and I define what I am, who I am, and why these things happened. You will be able to understand the truth, and you will begin this reconditioning, this retooling of your mind — of your thoughts and beliefs — on this subject of my life, my meaning, and my purpose, for it is a long process. The time is ripe. The need for a spiritual revolution is here. — Jesus